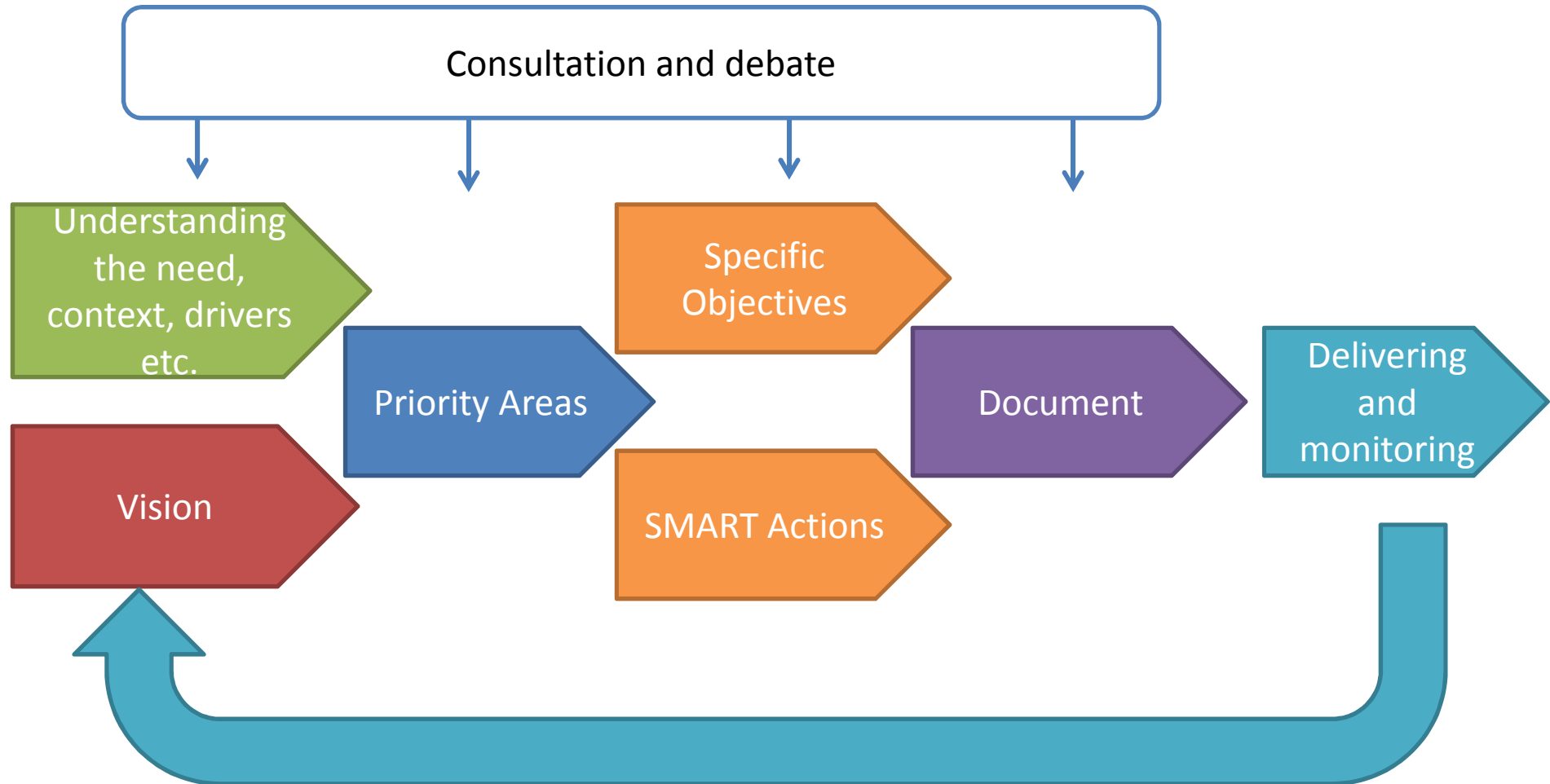




# Developing York's Health & Wellbeing Strategy



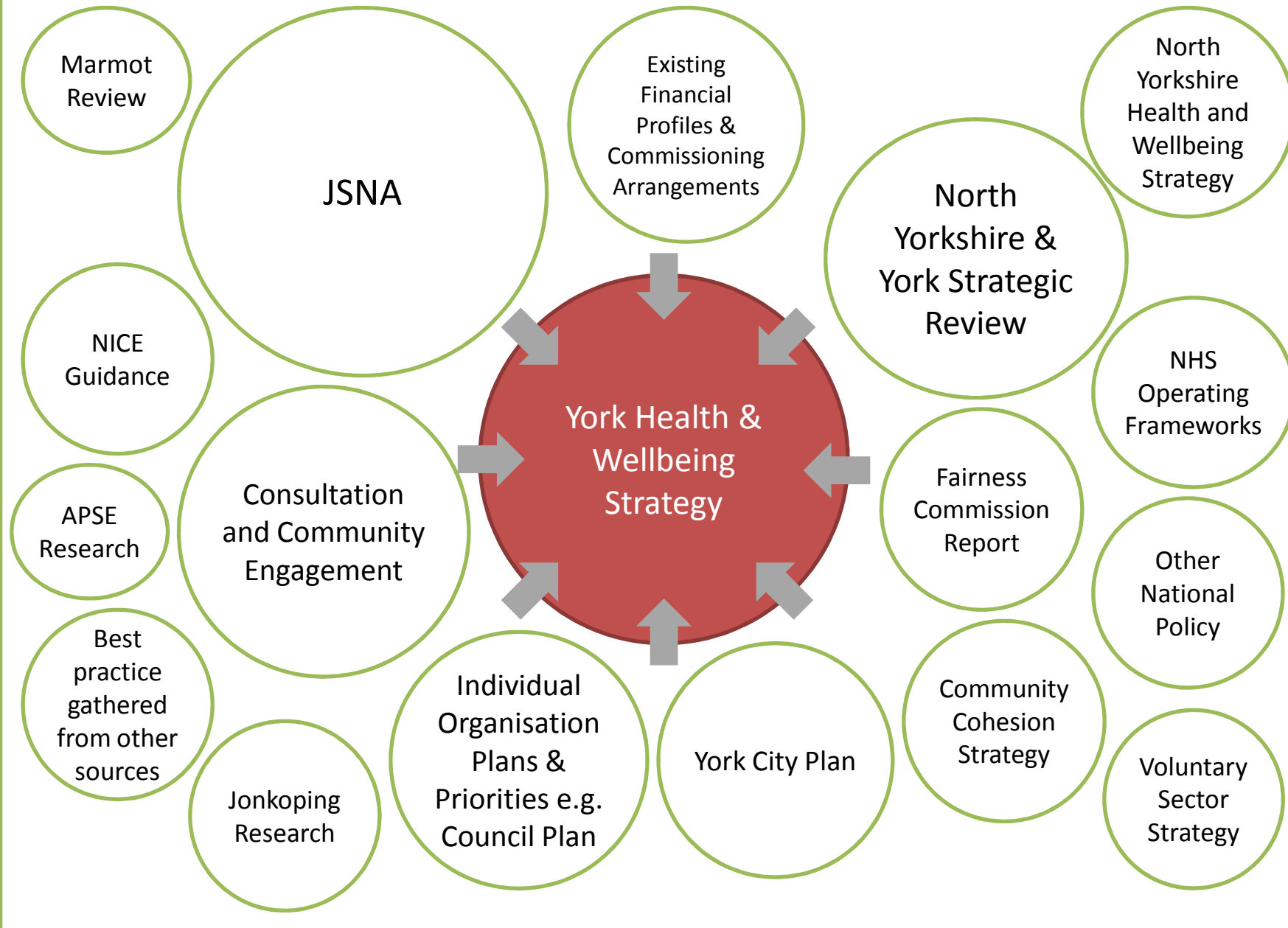
# Building blocks for the Strategy



Understanding the need,  
context, drivers etc.

# Understanding of York's needs and the assets available

Research and evidence on what works



Existing strategies and frameworks

Aspirations & Vision

# Our Vision



*For York to be a community where all residents enjoy long, healthy and independent lives, by ensuring that everyone is able to make healthy choices and, when they need it, have easy access to responsive health and social care services which they have helped to shape.*

# Our Priority Areas

# Priority Areas

## 1. Preparing for an older population

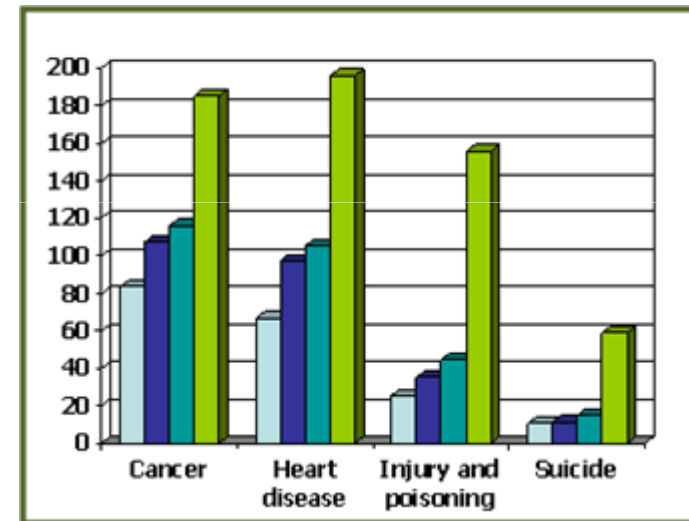


*By 2020, the over-65 population is expected to increase by approximately 40% and the number of people aged over 85 years is expected to increase by 60%; this changing demography will have major implications for the future provision of adult health and social care services.*

# Priority Areas

## 2. Addressing health inequality

*The JSNA showed clear links between deprivation and poorer health and wellbeing outcomes; 7% of York's population live in areas classified as being the 20% most deprived areas in the country; the difference in life expectancy between the most and least deprived areas and communities in York is 3.6 years difference for women and 9.9 years difference for men.*





# Priority Areas

## 3. Improving mental health and intervening early

*We need to improve our understanding of the full range of mental health needs in the City and to intervene earlier to achieve better outcomes and reduce costs; it is estimated that approximately 170 individuals aged 16 to 74 per 1,000 suffer with a mental illness; an increase in dementia is forecast; 10% of 5 to 15 year olds have a diagnosable mental health disorder.*



# Priority Areas

## 4. Enabling all children and young people to have the best start in life

*Early intervention and tackling inequality are the basis for enabling all children and young people to have the best start in life; there has been an increase in the number of children who are subject to formal child protection plans; an estimated 4,400 children were living in poverty in York in 2010; there is an attainment gap between children in York who are eligible to receive free school meals and those children who are not eligible.*



# Priority Areas

## 5. Resources and finances – a sustainable health and wellbeing local system

*Radical change is needed to enable the health and social care system to meet the needs of an increasingly ageing population during a time of significant financial constraint; efficiency savings required in North Yorkshire and York are likely to be in excess of £230 million; the financial constraints of health care are outlined in the North Yorkshire and York Review.*



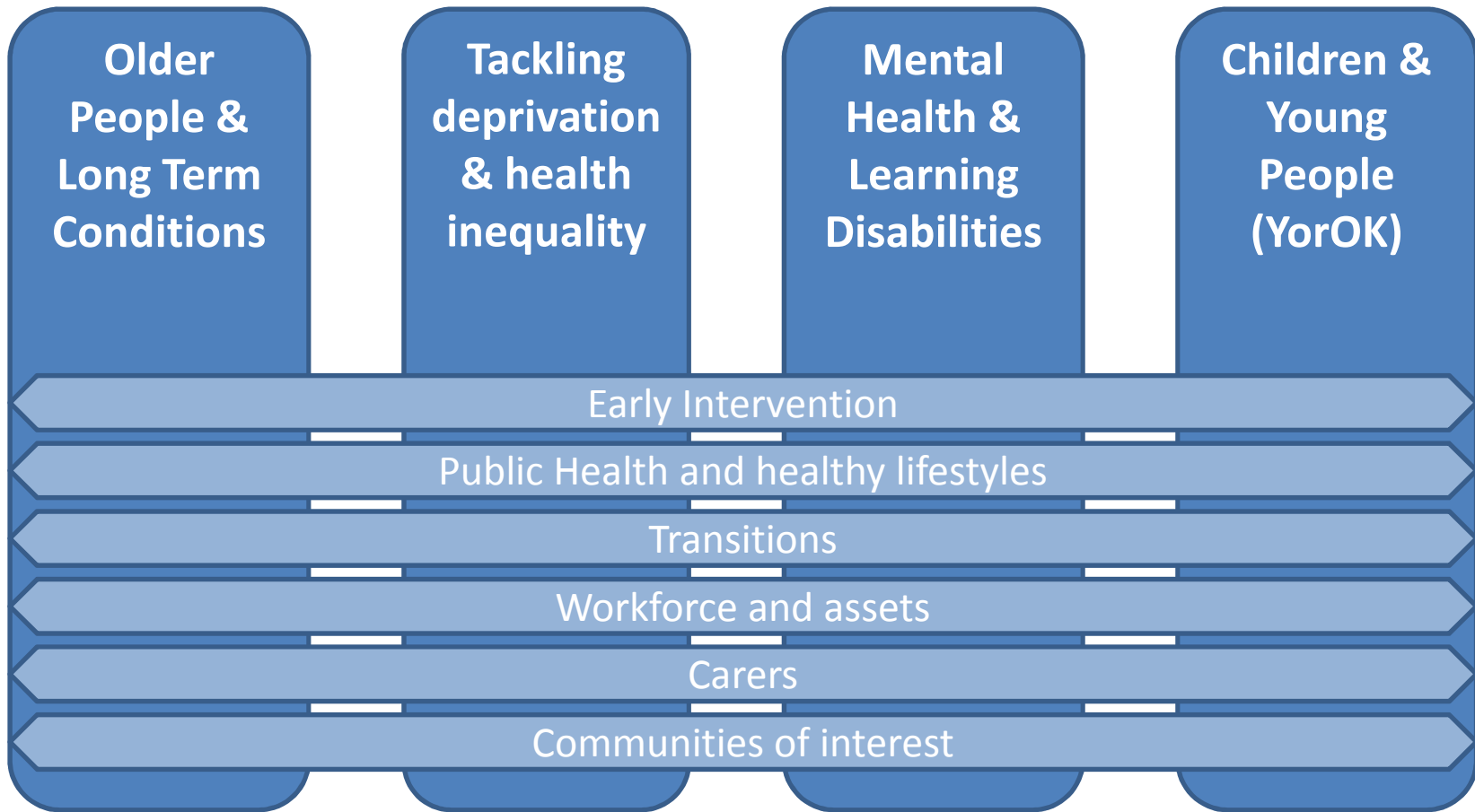
Objectives and actions under  
each priority area:

*How will the Board develop these?*

# Objectives and actions under each priority area: suggested process...

- Developing potential actions where the board can *add value to what is already happening* and make a difference *together*.
- Developed through:
  - 1-2-1 meetings with each Board member
  - Existing input from Health and Wellbeing event
  - Input from existing partnerships / wider consultation
  - Research into best practice and evidence of impact
- Led by the proposed chair of each strategic delivery partnership under sHWB
- Board members sponsor a priority area

# Proposed Chairs of Strategic Delivery Partnership Boards leading the development of proposals under each priority area



1. Preparing for an older population

2. Addressing health inequality

3. Improving mental health and intervening early

4. Enabling all children and young people to have the best start in life

# Agreeing the what, how and who!

- Ideas and proposals developed into a range of SMART objectives, actions and outcomes under each priority area including:
  - Resource implications
  - Evidence base for impact
- Debate and discussion at Strategy Session in September facilitated by independent facilitator
- Board decide what they wish to commit to and include in the Strategy

# Developing the 'resources and finances' priority area

- A vital strand of the strategy is to:
  - plan practically how to sustain an effective health system with reduced resources
  - Identify how the board will invest in the priority areas
  - How the Board will make decisions about reallocating resources
- This is the responsibility of the Board. How can we achieve this in practice?
- Developed through:
  - 1-2-1 meeting with board members
  - Strategy Session in September



# The Document

## Improving Health & Wellbeing in York



2013 – 2016

# Document Structure

- **Foreword**
- **National and local context**
- **Introduction to our first Health & Wellbeing Strategy**
- **Our Health and Wellbeing Board and relationship to other partnerships**
- **Our Vision**
- **Our Priority Areas**

Under each priority area:

- Why we have chosen the priority area
- How we will deliver it (objectives and actions)
- **Monitoring progress and impact**
  - How we will know we've achieved our objectives
  - Wider performance framework

# Delivery and monitoring

# Delivery and monitoring – responsibility and accountability for each theme through partnership infrastructure

## Health & Wellbeing Board

### 5. Resources and finances – a sustainable health and wellbeing local system

**Older  
People &  
Long Term  
Conditions**

1. Preparing  
for an older  
population

**Tackling  
deprivation  
& health  
inequality**

2. Addressing  
health  
inequality

**Mental  
Health &  
Learning  
Disabilities**

3. Improving  
mental health and  
intervening early

**Children &  
Young  
People  
(YorOK)**

4. Enabling all  
children and  
young people to  
have the best start  
in life

Task and finish groups / Project boards / working groups as required by above  
boards to deliver on priorities

# Timeline

June onwards	An 'expert reference group' of officers from health and wellbeing organisations meet to coordinate the development of the strategy and production of document.
Today	Agree vision, priority areas and process going forward.
July - August	1-2-1 meetings with each Board Member
July - November	A series of consultation events to be held with stakeholders working up proposals for the draft strategy.
September	A 'Strategy Session' will be held with for the board to collectively agree the objectives under each priority area.
3 <sup>rd</sup> October	Shadow Health and Wellbeing Board meeting. The draft strategy will be reviewed.
November	Health and Wellbeing Stakeholder Event – public consultation to review draft strategy.
5 <sup>th</sup> December	Shadow Health and Wellbeing Board meeting. The strategy will be finalised and 'signed off'.

# Summary of Decisions Required from the Shadow Health and Wellbeing Board

1. Confirm the strategy will be 3 years – 2013 to 2016
2. Confirm the vision
3. Confirm and agree the draft priority areas
4. Agree the process for developing the priorities and delivery of them
5. Agree to meet with secretariat to discuss the priorities in more detail and to meet in early September for a dedicated strategy session.
6. Note and agree the timeline for developing the strategy